



LAKE WANGARY PRESCHOOL SKIN PROTECTION POLICY

Policy Statement

We recognise that prolonged exposure to the sun can cause damage to young children's health. This policy strives to reduce the risk of sun damage. Being sun smart means having a balance between sun protection to lower the risk of skin cancer and sun exposure for the production of vitamin D.

Strategies, Practices and Procedures

* **Children** will be encouraged to:

- play in the shade
- wear hats whenever they are playing outside
- play in doors if they do not have a hat (terms 1 & 4)

* **Parents/Caregivers** will be encouraged to:

- send a labelled hat along to kindy with their child, being either a broad brim or legionnaire's hat (hat can be left at kindy)
- dress their child in clothes which provide maximum protection from the sun e.g. shirts with collars/sleeves
- be a good role model themselves, including wearing a hat in the outside play area during kindy visits.

* **Staff** will:

- be a good role model for children by wearing hats and appropriate clothing for outdoor activities
- encourage children to wear hats for all outdoor play
- organise for outdoor activities to be held in shaded areas (terms 1 & 4)
- apply sunscreen to children when requested by parents/caregivers
- information about the importance of sun protection will be available to parents. Parents are reminded of this policy in the newsletter
- there is ongoing education within the programme to teach children about sun safety.

Updated 13/03/2013
Review February 2014